

Annual Report | 2015-2016



**Help, Incorporated:
Center Against Violence**
Where Empowerment Begins...



Dear Friends of Help, Incorporated:

We are so humbled and grateful to write this letter summarizing our 2015-2016 year of work to keep Rockingham County families happy, healthy, and safe. The agency carved out a new identity in a new office space, while beginning plans to expand into a Family Justice Center.

Help, Incorporated: Center Against Violence is a private, non-profit agency that provides services to victims of family violence and sexual abuse across the lifespan. Located in Wentworth, NC, the agency is guided by a Board of Directors made up of community volunteers.

Some of the 2015-2016 projects to better serve our clients included the implementation of an innovative Family Preservation Unit in our shelter for victims of violence. The child-focused preservation unit was developed for Help, Inc's residential program. The specialized preservation unit provides intensive, trauma-informed crisis intervention and advocacy for every child who comes into shelter to enhance healing and reduce generational violence. Fifteen families received preservation services during the year, and only one of these families returned to the abuser, a success rate of 94%. An increase in Child Development / Parenting Knowledge, and Family Functioning & Resilience were also noted.

Two people joined the Help, Inc. family this year. Chrissy Griffin and Ashley Shaffer have brought energy and new ideas on how to better serve our clients.

We are excited for what the coming year holds! A new location for the office and expanding program services are on go for 2016-2017, including the adoption of a family justice center service model. The one-stop-shop will allow clients to receive a multitude of services at one location.

Thanks for your support,

Anne Wade

Angela H. Boles

Anne Wade, Chairperson & Angela H. Boles, Executive Director



Anne Wade, PhD, 2015-2016
Chairperson



Angie Boles, 2015-2016
Executive Director

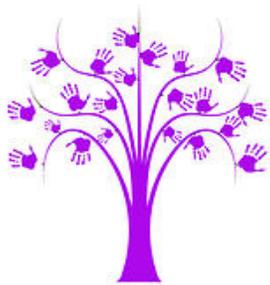
Mission

Help, Incorporated seeks to improve the quality of life for victims of sexual assault, rape, domestic violence and dating violence throughout the lifespan by providing holistic services delivered empathetically to empower victims to make decisions that will enhance safety, increase self-worth, promote positive change, and eventually lead to self-actualization.

Further, Help, Incorporated strives to enhance the community’s awareness of issues surrounding victimization, including the dispelling of myths, and promote collaborative community action efforts to stop victimization.

Victim Advocacy

Help, Incorporated: Center Against Violence works with victims of domestic violence and sexual assault by providing 24-hour crisis intervention and support through the criminal justice process, hospital services, and law enforcement.



Referrals are made to Legal Aid when necessary. Bilingual staff is available for translations as well as direct client services when needed.

During 2015-2016, Help, Inc. served over 3000 clients through this program.

Residential Services

We provide emergency shelter for victims of domestic violence at Freedom House, at extended stay facilities, and hotels. Residents are assessed for safety, then the shelter staff works with clients to empower them to achieve pertinent goals. Residents benefit from life-skill classes, parenting classes, housing and employment information, advocacy and other agency services, as well as receive transportation to necessary appointments.



Help, Inc. also operates a rapid re-housing program to assist homeless domestic violence clients with obtaining and maintaining permanent housing.



Family Support Services

A support group for victims of abuse meets on Tuesday afternoons from 2:30-4:00 p.m. at Brook’s Place Apartments in Reidsville, and on Thursday from 3:00 to 4:00 p.m. at the Madison-Mayodan Recreation Center. Please call 342-3331 to find out the current times, locations, and description of groups.

Our therapists provide individual, group and family counseling sessions to adults and children who have experienced domestic violence and sexual assault. Evidence-based clinical interventions are used when at all possible.

Children's Advocacy Center Services

Nationally Accredited Kaleidoscope Children's Advocacy Center offers comprehensive child abuse intervention services provided collaboratively with area disciplines and authorities. Professional and clinical services include: multidisciplinary team meetings, forensic interviewing, therapy, advocacy and medical examinations.

Kaleidoscope provides a child-friendly environment where children can relax and feel safe. It is hoped that the children only have to tell their stories a minimal number of times to a trained interviewer.



Elder Abuse Services

Individualized case coordination and personal advocacy services including home visits, are provided to elderly and disabled victims of abuse, as well as monthly Multidisciplinary Elder Abuse outreach and trainings.

Incredible Years® Parenting Series

Incredible Years Parenting Series is an evidence-based parent education program designed to strengthen parenting skills while preventing and treating behavioral problems in pre-school and school aged children. A meal, childcare, and homework supervision are provided, as well as transportation cost assistance and weekly participation incentives. All classes and materials are free.

Community Education

Community education presentations are available for schools, religious institutions, civic groups, and businesses that would like to know more about domestic violence, child abuse, elder abuse, and/or sexual assault. Professional trainings and in-service trainings are available upon request.

Resale Shops

To assist with program costs, three resale shops are operated. ***New Beginnings***, ***New Beginnings Too***, and ***Nouveau Beginnings*** are our resale shops that sell gently used women's, men's and children's clothing, as well as infant accessories such as highchairs, strollers and a wide variety of household items. New Beginnings is located at 138 N. Scales St., in Reidsville, New Beginnings Too is located at 653 Washington Street in Eden and Nouveau Beginnings is located at 110 W. Murphy St. in Madison. All proceeds are used to operate the agency's programs, specifically Freedom House.

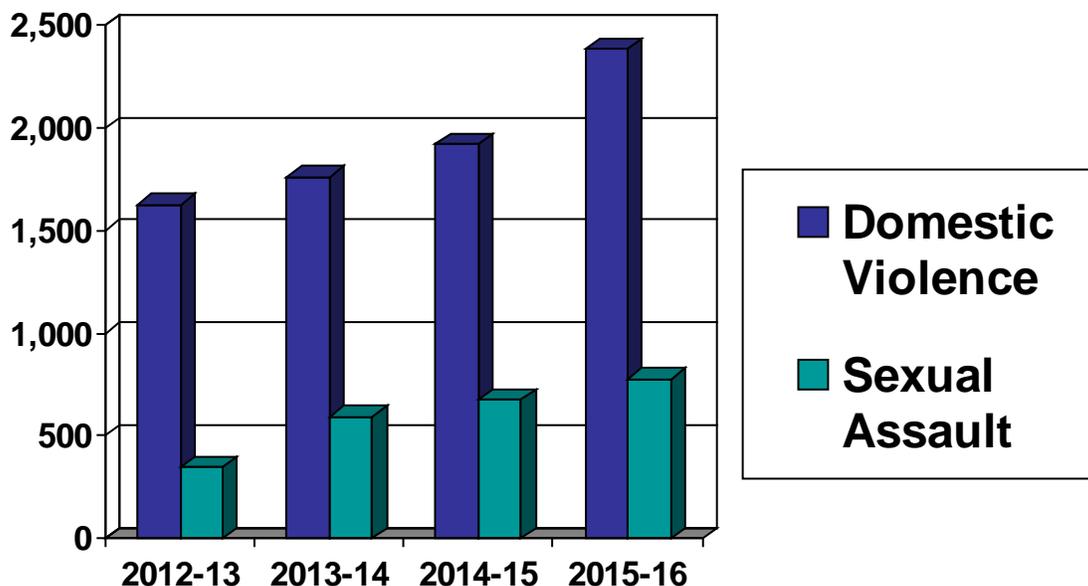
Major Funders

During 2015-2016, services to clients were made possible through major funders, including: Rockingham County United Way, Rockingham County Government, the North Carolina Council for Women, the Department of Health and Human Services, North Carolina Sexual Assault Services Program, Family Violence Prevention Services Program, the North Carolina Governor's Crime Commission, Victims of Crime Act, and Violence Against Women Act.

Agency Impacts

The agency has experienced a significant increase in clients over the past three years across all programs. From the 2012-2013 year to the 2015-2016 year, there has been a 68% increase in clients seeking services related to domestic violence, and a 44% increase in clients seeking services related to sexual assault. The chart below shows number of individuals served in each area.

Clients Served per Year



Your Donation is Important

It takes funding to deliver professional services to 3000 individuals. There are many ways to help provide vital services to victims of violence throughout the year, including donating during direct mail campaigns, attending and participating in the agency’s golf tournament, and supporting the annual signature fundraiser, “Run for the Roses” through attendance and sponsorship. Donations may be made in honor and in memory of loved ones, and, of course, are tax deductible. Donation information may be found on the agency’s website at <http://www.helpincorporated.org>.

In addition to monetary gifts, the agency also needs volunteers. Volunteers are vital to Help, Incorporated’s mission. From Board members to life skill instructors, there is always space for those willing to give of their time and talents.

The Residential Services Program has ongoing needs for household cleaning items, linens, and food. Donations by mail may be made to: Help, Incorporated: Center Against Violence, Post Office Box 16, Wentworth, NC 27375 or at the main office: 240-2 Cherokee Camp Road, Reidsville, NC 27320.

PREVIEW: What is a Family Justice Center?

Starting at **SquareOne:**
Coming in 2017!

Help, Incorporated: Center Against Violence has received a two-year, federal Victims Of Crime Act grant from the North Carolina Governor's Crime Commission for 2016-2017 and 2017-2018 to create a Family Justice Center. A Family Justice Center is a change in the way services to victims are provided through the co-location of a multi-disciplinary team of professionals who work together, under one roof, to provide coordinated response to victims of family violence – A One-Stop Shop. The Rockingham County Center will be named SquareOne, and will be operated by Help, Incorporated. Victims will be able to file for a restraining order, apply for Medicaid, schedule counseling, as well as multiple other services. This will reduce the amount of time that the victim is traveling from one agency to the next, while also helping the victim through the processes which follow. Within the next two years, Help, Incorporated will expand services, and include offices for Department of Social Services, District Attorney, and law enforcement within the Family Justice Center.

Victims of the following types of abuse will be assisted by Square One:

- Domestic Violence** is defined by North Carolina as being when someone you have had a “personal relationship” with does any of the following to you or your minor child: attempts to cause bodily injury, or intentionally causes bodily injury; places you or a member of your family or household in fear of imminent serious bodily injury; continues harassment that rises to such a level as to inflict substantial emotional distress; or commits any rape or sexual offense. If you have not had a “personal relationship” with the individual you may be eligible for a protective order against the person known as a 50C. Victims of Domestic Violence will be able to come to Square One for restraining orders, emergency shelter, and counseling.

- Child Abuse** is defined as anything which inflicts or allow to be inflicted or creates, a substantial risk of injury other than by accidental means or commits, permits, or encourages any type of sexual abuse or creates or allows serious emotional damage to juvenile or does not provide proper care or necessary medical care or abandons the child, uses inappropriate devices or procedure to modify behavior or encourages, directs, or approves of delinquent acts involving moral turpitude. Child abuse can take place in the home, with family, with schools, or by general public. Children victims will be able to have forensic interviews done for criminal prosecution, receive counseling, and be in a child friendly environment at Square One.

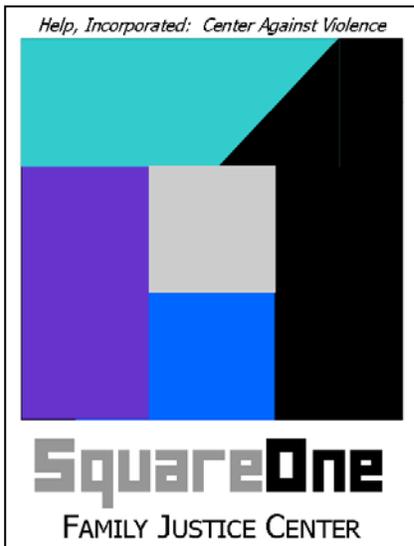
- Elder Abuse** includes the willful infliction of physical pain, injury or mental anguish, unreasonable confinement, or the willful deprivation by a caretaker of services necessary to maintain mental and physical health. Neglect is when a disabled adult who is either living alone and not able to provide for himself the services necessary to maintain his mental or physical health or is not receiving services from his caretaker. Exploitation is the illegal or improper use of a disabled adult or his resources for another's profit or advantage. Abusers of the elderly can include spouse, children,

family members, or anyone who has contact with the victim. Elderly victims will be able to see a nurse practitioner, speak with a counselor, and received resources for Medicaid and housing all at Square One.

- **Sexual Assault** is defined as any sex act which is committed by force or against the will of the victim. This can happen to children, adults, and elderly by someone they know or a complete stranger. Victims of Sexual Assault will be able to seek emergency shelter, schedule counseling, and file for a restraining order while at Square One.

- **Human Trafficking** is when a person knowingly or in reckless disregard of the consequences of the action recruits, entices, harbors, transports, provides, or obtains by any means another person with the intent that the other person be held in involuntary servitude or sexual servitude or willfully or in reckless disregard of the consequences of the action causes a minor to be held in involuntary servitude or sexual servitude. Human Trafficking comes in many different forms from holding someone's passport and making them work for you, to holding them captive and forcing them to commit sexual acts. Human Trafficking has become more of a focus in Rockingham County as we have seen an increase in human trafficking cases. One concern with Human Trafficking is that a victim of this can be hiding in plain sight. With a Family Justice Center a victim of Human Trafficking can feel safe, and get all of the assistance needed at Square One.

When someone is a victim of violence they have to tell their story multiple times to multiple people, and receiving help often proves to be too burdensome and in the process many lose hope and return to their abusive situations. Family Justice Centers change the way the system works, simplifying and coordinating the web of service providers, so the system works more



effectively for those in need. In rural Rockingham County, limited resources and geographical isolation further impact the provision of services, this making the need for a Family Justice Center more pressing.

Areas with a Family Justice Center have seen reductions in homicides, fear and anxiety for victims and their children, and recantation and minimization by victims. Those areas also see an increase in victim safety, autonomy and empowerment for victims, efficiency in collaborative services to victims, prosecution of offender, and dramatically increased community support for services to victims and their children through the family justice center model.

So, stay in touch for more information on this exciting project! Local donations and foundation funding are vital to the expansion of services.

Resources and Financial Management

This year the agency is enjoying an increase in direct service funding, and the statistics prove the need. The number of clients Help, Incorporated services rose by a phenomenal 1000 individuals. One new initiative launched during the 2015-2016 year brought in \$70,000.00 additional dollars for specialized services at Freedom House, the emergency shelter for victims of violence. The Family Preservation Unit focuses intense, daily intervention with the children in the families, NOT the adult. It has been extremely effective.

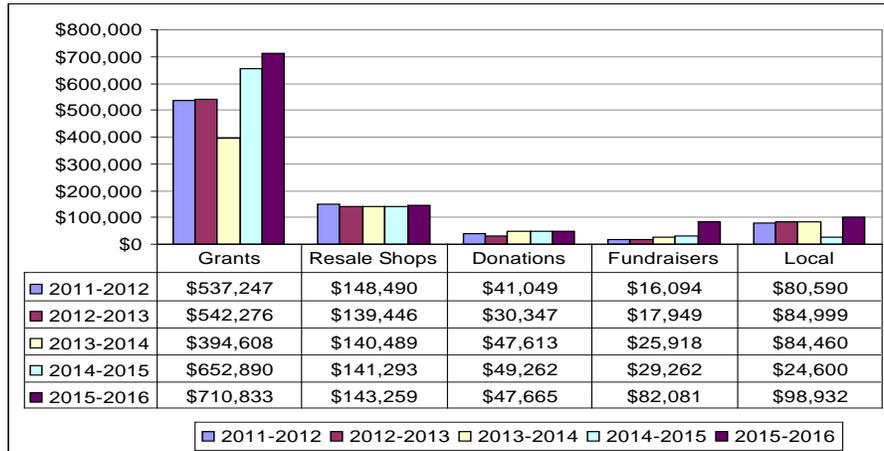
Help, Incorporated’s signature event, Run for the Roses, has become Rockingham County’s première fundraising experience. This Kentucky Derby-themed event brought in \$11,260.43 for the agency this past May. Help, Incorporated also receives the proceeds from the Lynrock Memorial Golf Tournament each year in June. In 2016, the agency received \$4,652.00. Each of these events assists the organization with building non-designated dollars vital for administrative costs, capital projects, and equipment repair.

Balance Sheet Summary

The graphics below shows a stabilizing Total Net Assets column. Over the 30-year existence of the agency, our highs and lows are becoming more predictable for the first time. This speaks highly of the financial management team, made up of Board and staff members. Our Strategic Fund Development Plan is updated annually, and has included strategies to maintain the financial health of our strong agency even in the face of changing funding priorities on the federal, state, and local levels.

	2011 – 2012	2012 – 2013	2013 – 2014	2014 – 2015	2015 – 2016
Assets	\$1,289,124.80	\$1,200,735.75	\$991,776.26	\$1,013,755.67	\$1,043,825.84
Liabilities	\$55,176.83	\$53,327.20	\$50,924.52	\$56,961.52	\$67,836.81
Total Net Assets	\$1,223,947.97	\$1,137,408.55	\$918,351.74	\$956,794.15	\$985,989.03
Temporarily Restricted	\$0.00	\$0.00	\$12,500.00	\$3,415.00	\$2,625.10
Permanently Restricted	\$10,000.00	\$10,000.00	\$10,000.00	\$10,000.00	\$10,000.00

Income by Type and Year



Run for the Roses Signature Fundraiser

Help, Incorporated’s signature fundraiser “Run for the Roses,” has become one of the most anticipated spring events in Rockingham County. This year’s event was held at Autumn Creek Vineyards in Mayodan on Saturday, May 7th, 2016. Despite competing with several graduations, Mother’s Day weekend, and weddings, the “Boots, Bonnets, & Bow Ties” event was attended by close to 100 people. Guests were all decked out in Derby attire, including seersucker suits, bow ties, wide brimmed hats, and long gloves. The traditional Kentucky Derby tastes of Bourbon Pecan Pie and Mint Juleps punch were served, as well as buffet style Bluegrass meal. Guests cheered for their favorite thoroughbred at post time, as well as had the opportunity to bid on fabulous silent auction items, pose for photo opportunities, and kick up their heels with the band. Over \$11,000.00 was raised.

